

### Headrest adjustment (①):

To rise: Hold the headrest with both hands and lift it up to a suitable height.

To lower: Hold the headrest with both hands and pull it down to a suitable height.

To adjust the angle: Hold and turn the headrest to proper position.

### Back height adjustment:

To rise: Hold the bottom of the chair back(②) with both hands and lift it up to a suitable height step by step.

To lower: Hold the bottom of the chair back with both hands and lift it step by step. After crossing the highest position, the back can be lowered to the lowest position.

Attention: Backrest can NOT lower down during the adjustment to upward; Only can lower down to lowest position when reaching the highest position and release your hands.

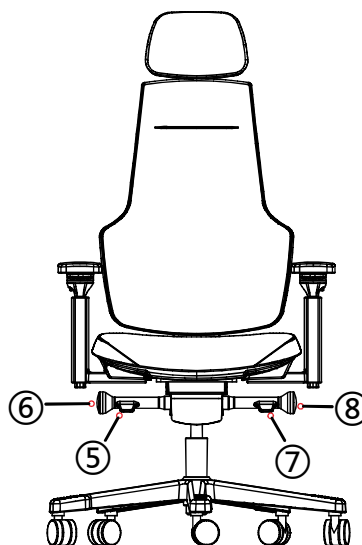
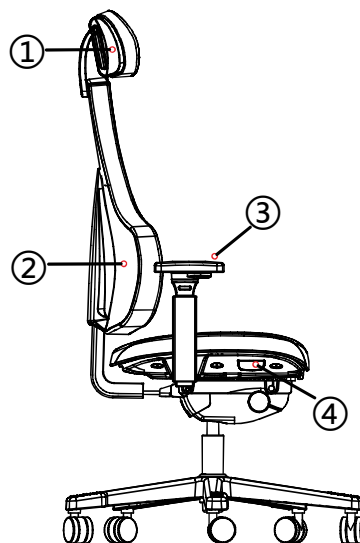
### Armrest adjustment (③):

Armrest height: Pull up the button while holding the armrest and lift it up or lower it down.

Armpad forward/backward: Grasp the armpad and slide forward or backward.

Armpad angle: Grasp the armpad and pivot to the left or right.

Armrest width: Turn anticlockwise the knob to unlock, grasp the armrest to pull out or push in, turn clockwise the knob to lock when reaching proper position.



### Seat depth adjustment (④):

To increase: While sitting and pull out the handle, at the same time, push your hips forward to slide the seat cushion to a proper position, and then release the handle.

To reduce: When leaving or half up, pull out the handle, and the seat cushion can return to the rear position, or release the handle when it reaches the desired position.

### Seat height adjustment (⑤):

To raise: Lift up the lever when leaving or half up, release the lever when reaching a desired height.

To lower: While sitting, lift the lever up, release the lever when reaching a desired height.

### Tilt tension adjustment:(⑥)

To increase: Turn the knob clockwise to stronger.

To reduce: Turn the knob anticlockwise to weaker.

### Tilt angle adjustment (Tilt/Swing Lock): (⑦)

To unlock: Flip the lever up.

To lock: Flip the lever down when reaching desired angle.

Attention: Mechanism with safety lock, after unlock operation, the back will not return immediately, need to recline and then can be fully unlock.

### Forward tilt adjustment (⑧):

To adjust the forward tilt: While the tilt lever flip up, recline and turn the adjustment knob forward.

To return: While the tilt lever flip up, recline and turn the adjustment knob backward.